

# weddings

CALIFORNIA STYLE

## FIVE EXQUISITE OUTDOOR CEREMONIES

- \* *Sonoma*
- \* *Carmel Valley*
- \* *Brentwood*
- \* *Malibu*
- \* *Jalama Canyon*

**PLUS** *The ultimate  
destination wedding*

## PLAYING HOUSE

Register for  
Gifts in Golden  
State Style

## COLORS OF LOVE

A Dazzling Rainbow  
of Ruby, Emerald and  
Sapphire Rings

# *The Most Incredible Day*

GOWNS, INVITATIONS, BOUQUETS, MENUS,  
FAVORS, FLORALS, DESSERT TABLES, TIARAS,  
TROUSSEAUS AND HONEYMOONS

SPRING WEDDINGS 2011 \$7.99  
ISSUE 01-11



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# Couples Therapy

Top California spas prescribe the ultimate remedies for pre-wedding jitters



**SOLAGE CALISTOGA**  
Melt into the Mellow Me Out lava-coconut, full-body exfoliation with a massage, plus a botanical hair renewal treatment. Or the Have it all Facial, with oxygen treatment and collagen-boosting DermaLucent light, ends head to toe with a decadent foot rub. [solagecalistoga.com](http://solagecalistoga.com).

**PELICAN HILL, NEWPORT COAST**  
Based on royal Balinese bridal treatments, the Lulur Italiano commences with a Jamu massage to increase circulation. A sugar-based scrub with exotic flowers softens skin before a bath, and a Swedish massage. [pelicanhill.com](http://pelicanhill.com).



**RANCHO VALENCIA, RANCHO SANTA FE** Invigorate with the Rosemary Drench, a 60-minute, peppermint-scented glycolic body peel, shower and herbal massage. Try a Maximum Firming Collagen Facial that uses micro-current technology for a toning, "pilates for the face" effect. Finally, a Seaside Secrets body wrap draws from the deep with a seaweed cocoon. [ranchovalencia.com](http://ranchovalencia.com).

## COLD FEET CURES

**The Fairmont, Sonoma** Watsu floating massage and a Chardonnay-Olive Oil sugar scrub. **Rosewood Sand Hill, Menlo Park** Gold Rush Renewal sugar scrub infused with 24-karat gold. **Ojai Valley Inn & Spa** Personal Mandala class to provide insights before the big day. **Ventana Inn & Spa, Big Sur** Ocean Salt Exfoliation body scrub and astrology readings. **Four Seasons Biltmore, Santa Barbara** Rosehip and Olive Body Wrap.



**CALISTOGA RANCH**  
Start with The Restoration—a mineral-salt body scrub and plunge into a soothing mudbath—then breathe in the eucalyptus and bay laurel oils used in the Classic Ranch Massage. [calistogaranch.com](http://calistogaranch.com).